

Lorenzo Castellani

M.D. Orthopaedic Surgeon, Consultant Physician at IFCA – Villa Ulivella Florence - Italy

Sports Medicine and Shoulder Reconstruction

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Education

Visiting Clinician Mayo Clinic February 2017 in Rochester MN USA

Mentor: Elhassan B, MD Tendon transfers around the Shoulder; Sanchez-Sotelo J MD Shoulder Reconstruction; Shawn O'Driscoll MD & Morrey Mark Elbow Surgery

Observational Surgical Fellow Alps Surgery Institute February 2016 in Annecy, France

Mentor: Lafosse Laurent, MD. Upper Limb Surgery.

Observation visit to the American Sports Medicine Institute (ASMI) December 1-24, 2014 in Birmingham, Alabama, USA

Mentor: Dugas J MD, Wilck K. Sport Medicine Shoulder, Knee, Hip.

Stage en Chirurgie de l'épaule (Stage in Shoulder Surgery) au Centre Orthopédique Santy – November 2013

Mentor: Docteur Gilles Walch, Docteur Lionel Neyton, Docteur Arnaud Godenèche

Clinical Fellowship - Universitätspital Basel (CH) – Trauma Center April 1st – June 1st 2007

AO international Clinical Fellowship – Upper Extremities Trauma Unit – Prof. Regazzoni

United States Medical Licensure Examination (USMLE) Step I (December 10, 2007) & Step II CS (June 18, 2008)

International Fellowship Hospital for Special Surgery New York October 1st – December 31st 2006

Reconstructive Lower Limb Surgery and Hip Arthroscopy – Mentor: Robert Buly, M.D.

AO Trauma Course—Basic Principles of Fracture Management

Università degli Studi di Milano, Scuola di Specializzazione in Ortopedia September 2003 – November 2008

Recidency in Orthopedic Surgery: Knee & Shoulder Sport Medicine; Spine Surgery; Trauma

IRRCS – Policlinico San Donato; Istituto Ortopedico Galeazzi – Milano

Università degli Studi di Milano, Laurea Magistrale Medicina e Chirurgia July 2003

Doctor of Medicine, Cum Laude

Work Experience

IFCA – Villa Ulivella - Florence

January 2009 - Present

Consultant Physician in Private Practice – Sports Medicine and Reconstructive Surgery. Chief Service Dott. Andrea Baldini.

Istituto Clinico Sant' Ambrogio - Milano

September – December 2008

Consultant Physician in Private Practice – Sports Medicine & Shoulder Arthroscopy. Chief Service Dott. Riccardo Minola

Publications

The difficult primary total knee arthroplasty: a review.

Baldini A, Castellani L, Traverso F, Balatri A, Balato G, Franceschini V
Bone Joint J. 2015 Oct;97-B(10 Suppl A):30-9

Perspectives: prolonged wound drainage (7 Days) after Hip Arthroplasty. **Castellani L**, Farese A. (2015)
Chapter in Perioperative Medical Management for Total Joint Arthroplasty. Baldini A, Caldora P.
Springer

A cement spacer for two stage revision of infected total knee arthroplasty. Balato G, Dimitri D, Zanelli M, **Castellani L**, Bartoli D, Baldini A. Acta Ortopaedica Italica (2014) Vol 37 Pag 75-87.

Pre-operative techniques to improve outcomes after hip and knee prosthesis: pre-operative patient education and pre-habilitation. **Castellani L**, Chiti L, Bartoli D, Ponti M, Baldini A. (2014) vol 37 Pag 155-161.

Il posizionamento della componente tibiale nella protesi totale di ginocchio. Lo Scalpello OTODI Educational. 2013

Less invasive TKA using extramedullary femoral reference without navigation. **Castellani L**, Manfredini L, Baldini A ESSKA Best practice in Minimally invasive total knee replacement (2011). Pag 139-151.
Published by Eikon www.eikon.fr.

Corrosion at the stem-sleeve interface of a modular titanium alloy femoral component as a reason for impaired disengagement. Fraitzl CR, Moya LE, **Castellani L**, Wright TM, Buly RL. J Arthroplasty. 2011 Jan;26(1):113-9

Le ri-revisioni di protesi di ginocchio. Ricostruzione e procedure di salvataggio. Baldini A, **Castellani L**, Cerulli Mariani P G.I.O.T. 2009;35(suppl.1)

Prophylaxis of heterotopic ossification of the hip: systematic review and meta-analysis. Vavken P, **Castellani L**, Sculco TP. Clin Orthop Relat Res. 2009 Dec;467(12):3283-9.

Le soluzioni chirurgiche nella patologia muscolo-tendinea. Minola R, Giordano MC, Summa P, **Castellani L**. Sezione III, Capitolo 11, pag. 203-212. In Fusco, Faglia, Musarra, Testa "La spalla nello sportivo". Masson editore, 2005

Le infezioni in ortopedia: dall'epidemiologia alla razionale profilassi. P.Cabitza, **L. Castellani** Quaderni di infezioni osteoarticolari. Aprile 2007. Supplemento a Giornale del medico n°9.

Strategie riparative per le lesioni della cuffia dei rotatori. Minola R, Giordano MC, Summa P, **Castellani L**. Artroscopia, Vol 6, n°2, 69-75, 2005

Osteogenesi e fissatore interno. Pace A, **Castellani L**, Pace F. Aggiorn CIO (2005) vol 11 Suppl 1

Il dolore postoperatorio in chirurgia ortopedica: effetti sulla condotta fisiokinesiterapica Cabitza P, **Castellani L**. Monitor, anno VII, numero 28,2004 pag 9-11

Professional Affiliations

Società Italiana Artroscopia since 2006

Società Italiana Chirurghi Ortopedici dell'Ospedalità Privata (SICOOP) since 2014

Teaching Experience

Depuy-Synthes Basic Arthroscopic Shoulder Course 2017-2018

Promoter & Scientific Director in Practical Arthroscopic Shoulder Course

Fidia Academy Middle East and Asia

2013-2014-2015

Instructor in Practical US guided injection techniques in orthopaedics

Masterclass Complex and primary revision Total Knee Arthroplasty Nov 30th- Dec 1st 2012

"Extensor mechanism transplants: our experience"

Cadaver Lab Arthrex Munich Germany

May 27-28th 2011

Instructor ACL reconstruction techniques (Knee Arthroscopy)

University of Barcelona (Spain), Human anatomy and embryology department, July 7-9th 2005

Instructor in "Master in arthroscopic surgery" advanced cadaver course: the degenerative shoulder.

University of Barcelona (Spain), Human anatomy and embryology department, October 13-15th 2005

Instructor in "Master in arthroscopic surgery". advanced cadaver course: the unstable shoulder.